

THINGS – Binder of a Lifetime

Over a lifetime, we amass so many things. Some are precious, some not so much... Describing these items you may be important in the future for your family and friends. DETAILS to include:

- Description of the item
- Where the item is located
- History of it – who made it, purchased it, etc.
- Who it should go to next**

YOU HAVE MANY OPTIONS FOR HOW TO DO THIS INCLUDING:

- Label items that have specific financial or sentimental value. A labeled piece of tape underneath the item is frequently all that's needed
- On separate sheets of 3-holed paper in this binder, list the DETAILS mentioned above for each item
- Enlist a family member or friend to video record you displaying the items, explaining the history, etc..

To “jump start” your final list of THINGS, here are some to consider...

- Silverware
- Dishes
- Artwork – paintings, carvings, ...
- Furniture
- Items from your parents, grandparents or other family members
- Cherished papers/letters (if not contained in BoAL, of course :-))
- Picture albums

**** Many families find that sharing/distributing family treasures over their lifetimes is satisfying (the items don't linger in the attic and instead can be displayed, used, etc..)**